
7th Grade Religion 2026-2027

Mrs. Martinez
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858-756-6763 ext. 107
Office Hours: By appointment

SPIRIT OF TRUTH: LIVING AS A DISCIPLE OF CHRIST

Google Classroom Code: [je2hdyz4](#)

COURSE DESCRIPTION:

We will be using different tools to help in the faith formation process of every student. We will be using the Spirit of Truth series by the Sophia Institute as our main curriculum. To help the students with their Social Emotional Learning, we will be using Arise by Open Light Media. We will also use the Credible Catholic curriculum by the Magis Center to help our students with apologetics. If a student is able to defend their faith, they have internalized the teachings of our Saviour in their hearts. Finally, students will be participating in different service opportunities in and out of campus. Some will be provided by the school and some will have to be sought out by the student.

Spirit of Truth: The students will explore Jesus and the Gospel message, with an emphasis on unifying themes in Scripture and an in-depth examination of the four Gospels.

Arise: The goal of these sessions is to increase and support well-being and mental health, increase the feeling of safety and belonging we have at school, and increase how much we care about and engage in school and the world around us.

Credible Catholic: The students will explore the major theories of happiness that ultimately determine our view of success, purpose in life, and self-worth. We then present “The Four Levels of Happiness,” a method that gives students the tools to *move themselves* from Level 1 (materialistic-pleasure) and Level 2 (Ego-comparative) happiness to Level 3 (contributive-ethical) and Level 4 (transcendent-faith) happiness.

Service Hours: The students are required to complete a total of 7 hours per trimester. Students may complete more if they would like to achieve the STAR Service Award.

Age Group	Bronze Level	Silver Level	Gold Level
Kids (5-10 years old)	26-49 hours	50-74 hours	75+ hours
Teens (11-15 years old)	50-74 hours	75-99 hours	100+ hours

LEARNING OBJECTIVES: Students will be able to...

- explore personal growth through virtues, service, fruits of the spirit, and sacred art.
- explain Jesus and the gospel message in Matthew, Mark, Luke, and John.
- defend the institution of the seven sacraments by using scriptural references.
- defend evidence of God’s existence obtained through science.
- examine the importance of prayer in Christian life.

REQUIRED TEXTS AND RESOURCES:

- *Spirit of Truth: Living as a Disciple of Christ* Workbook by the Sophia Institute.

REQUIRED MATERIALS: Students are expected to come to class with all of the necessary materials to have a successful and engaging lesson.

- Workbook
- Notebook
- Planner
- Pencils, Pens, and Art Supplies

GRADING:

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| • Homework/Classwork: | 30% |
| • Assessments: | 25% |
| • Projects: | 25% |
| • Participation: | 10% |
| • Service Hours: | 10% |



90-100% = A 80-89% = B 70-79% = C 60-69% = D < 60% = F

GENERAL INFORMATION

ATTENDANCE & LATE WORK: If absent, it is the student's responsibility to find out what the missing assignments are. They will be posted on FACTS. You have the amount of days that you were absent, for an excused absence, to submit late work. For Example, if you were absent two days, you will have two extra days upon your return to submit late work before points get deducted.

MISSING & LATE ASSIGNMENTS: Any late classwork or homework assignments will receive no more than 50% if completed within three days past the due date. For late projects and presentations 20% will be deducted from the grade per day for up to three days.

COMMUNICATION: Feel free to email me if you have questions about your course work. If you email me after 6:00 PM, I might not respond until the following day.

PLAGIARISM/ACADEMIC OFFENSES: Plagiarism and cheating of any kind are not tolerated and will result in a score of "0" without the opportunity to resubmit, regardless of the assignment type. This may also result in a teacher-parent conference.

One Rule Classroom:

Do whatever is necessary to be successful, as long as it does not interfere with your learning or that of those around you.